HOME ELLIPTICAL TRAINERS

smooth | quiet | compact

it all starts with a vision

VISION FITNESS®

2007

the Vision Fitness Difference

Whether your vision is a slimmer body, a healthier heart, stress management, or if you simply enjoy exercise, Vision Fitness has the elliptical trainer to help you achieve your goals.

Vision Fitness began as a division of the Trek® Bicycle Company, where we pioneered the development of the smoothest, quietest, and most comfortable fitness bikes available. In 1996, Vision Fitness was spun off by the Trek® Fitness management team to continue to bring to market innovative fitness products. We offer you the same combination of quality, value, and performance that has made our founding company the most requested bicycle brand in America.

VISION FITNESS headquarters located in Lake Mills, WI

In May 2006, we celebrated our 10-year anniversary. Over the last 10-plus years, we have grown from offering three fitness bikes to a full lineup of award-winning treadmills, elliptical trainers, fitness bikes, and strength equipment. As you can see in the timeline below, we quickly became one of the top fitness equipment companies in the world. We attribute our success to our dedication to high quality standards and developing innovative products that motivate people to achieve their goals. It all starts with a Vision …

1996 — Vision Fitness spun off from Trek® on May 26. Received **R2200** Best Buy.

1997 — Treadmills introduced. Received **E4100** Best Buy.

1998 — Patented folding elliptical trainers introduced. Received 4 Best Buys.

1999 — Already recognized as one of the top fitness equipment companies in the world.

2001 — Moved to new headquarters in Lake Mills. Received 2 Best Buys.

2003 — Received 2 Best Buys.

2004 — SPRINT 8 introduced. Received 2 Best Buys.

2005 — Home strength equipment introduced. Received 2 Best Buys.

2006 — Voted #1 supplier in the industry by our retailers. Received 2 Best Buys.

2007 — Voted #1 supplier in the industry by our retailers. Incline Elliptical™ trainers introduced. Received 4 Best Buys.

To learn more about Vision Fitness and our complete line of quality fitness products, please visit our website: **www.visionfitness.com.**

Vision Fitness prides itself in creating high-quality fitness products at an exceptional value that best help you achieve your fitness goals. Vision Fitness® products have earned numerous "Best Buy" awards since 1995. Below is a list of these award-winning products:

T9200 - Platform Treadmill	February 2007
R2250HRT - Semi-Recumbent Fitness Bike	Health Magazine - Jan./Feb. 2007
R2250HRT - Semi-Recumbent Fitness Bike	Consumers Digest - February 2007
E3200HRT - Upright Fitness Bike	Consumers Digest - February 2007
T9500 - Platform Treadmill	February 2006
T9200 - Platform Treadmill	February 2006
E3200HRT - Upright Fitness Bike	BBC Focus U.K. - January 2006
E3100 - Upright Fitness Bike	Men's Fitness U.K. - March 2005
X6100 - Elliptical Trainer	Health Magazine - Jan./Feb. 2005
T9200 - Platform Treadmill	January 2005
X6200HRT - Elliptical Trainer	Which? Magazine U.K. - August 2004
E3000 - Upright Fitness Bike	Consumers Digest - February 2004
T9200 - Platform Treadmill	January 2004
T9200 - Platform Treadmill	May 2003
R2000 - Semi-Recumbent Fitness Bike	Consumers Guide
X6200 - Folding Elliptical Trainer	Consumers Digest - Jan./Feb. 2001
R2200 - Semi-Recumbent Fitness Bike	Consumers Digest - Jan./Feb. 2001
X6200 - Folding Elliptical Trainer	Consumers Digest - Sept./Oct. 1998
R2200 - Semi-Recumbent Fitness Bike	Consumers Digest - Sept./Oct. 1998
E4100 - Dual-Action Upright Fitness Bike	Consumers Digest - Sept./Oct. 1998
E3200 - Upright Fitness Bike	Consumers Digest - Sept./Oct. 1998
E4100 - Dual-Action Upright Fitness Bike	Consumers Digest - Nov./Dec. 1997
R2200 - Semi-Recumbent Fitness Bike	Consumers Digest - Nov./Dec. 1996
R2200 - Semi-Recumbent Fitness Bike	Consumers Digest - Sept./Oct. 1995

Check out these great reviews:

ALL YOU, APRIL 2005
X6100
"SPACE SAVER The Vision Fitness ***X6100*** has seven feedback windows—so you don't have to switch between displays—five programs, heart-rate sensors and 16 resistance levels. Fold up the arms when you're done to save space."

LA TIMES, DECEMBER 2005
X6200HRT
"[The Vision ***X6200HRT*** is a] full-featured model that folds up. Fits in a closet when not in use; foot pedals and rails lift to vertical position in seconds, reducing 7-foot length by half. Large dot-matrix screen. Sprint 8 interval program delivers a fun, challenging workout in 20 minutes..."

HEALTH, JANUARY 2005
"BEST OF FITNESS AWARD WINNER"
X6100
"This elliptical trainer is made of heavy-gauge steel and folds to less than 4 feet long, making it a nice fit for nearly any room. The simple-to-decipher console offers five program options, in addition to displaying workout time, distance, calories burned, and three other types of workout feedback. The ***X6100*** also has hand grips that detect your heart rate on contact and a reading rack in case you need a distraction."

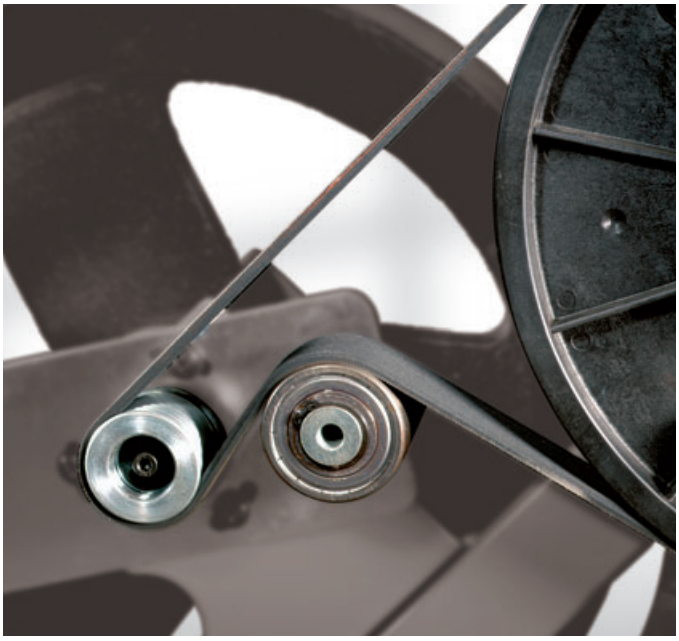
Try an award-winning Vision Fitness® elliptical trainer at your local specialty fitness retailer. We are confident you will agree with the thousands of satisfied users and find our ellipticals are the smoothest and quietest you have ever used. You will also enjoy the fact that our elliptical trainers save space in your home by either coming in a compact size or offering our patented folding feature.

smooth

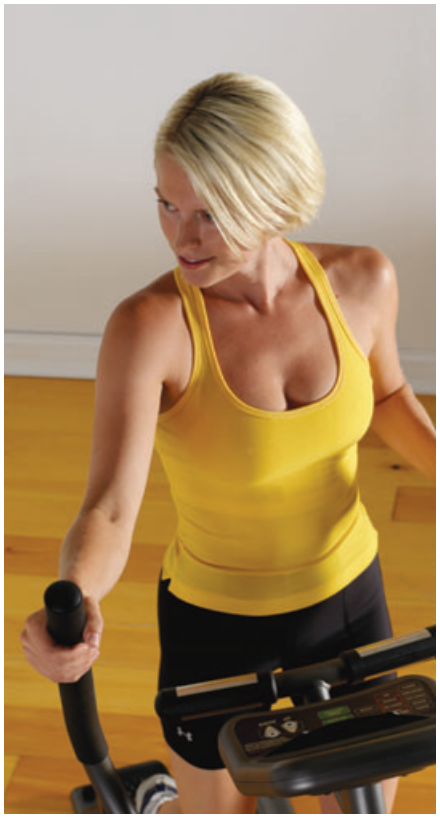
The goal at Vision Fitness was to develop the most comfortable elliptical motion possible. To accomplish this, we offer long pedal arms and pivoting footplates for a natural and fluid stride motion. Our dual-action arms are designed to keep you in a proper upright position and provide smooth upper-body movements. The variable-durometer (softness) footpads found on the ***X6200HRT*** and ***X6600HRT*** models ensure an extra-comfortable workout. All of these features, combined with our elongated 19.75-inch stride length, make our elliptical trainers more comfortable than competitively-priced elliptical trainers.

Vision Fitness pioneered the friction-free magnetic resistance system with no wearing parts for maximum performance and durability. Combine this system with our optimally-weighted flywheel, and you get the smoothest resistance mechanism available. When the resistance level is changed on the console (even in the middle of a workout), the transitions are smooth, gradual, and fluid. Vision Fitness is so confident in this system that we offer a Lifetime warranty for home use on the magnetic brake/generator on all of our models.

Many people read a magazine or watch television while working out on a piece of home fitness equipment. Additionally, they may work out in the early morning or late evening and do not want to disturb others. Vision Fitness is aware of this and, therefore, developed our Quiet-Glide™ drive technology, which utilizes a multi-ribbed supersilent Poly-V belt, to ensure an extra-quiet workout. The large 10-ribbed Poly-V belts on our elliptical trainers give our products an advantage over competitors who use cogged or smaller belts. The larger surface area puts less tension on the belt, which results in a longer lifespan of not only the belt but the entire drive system. Computer modeling on this drive system shows the expected life to exceed 20,000 hours—that's over 50 years of life when used one hour a day!



Quiet-Glide™ drive system



International Organization for Standardization (ISO) certification is attained by implementing and demonstrating the consistent manufacturing procedures that are necessary to produce a top quality product. All Vision Fitness® elliptical trainers are produced in plants that are ISO-certified.

compact

Oftentimes, the size of a person's home or workout space prevents them from purchasing a large piece of cardio equipment. Our patented folding system allows us to use extra-long pedal arms for

smooth motion, with the added benefit of being easily folded out of the way. The pedal arms and guide rails conveniently lock together in an upright position when you want to use the room for other activities.

For those of you interested in a smaller, more affordable piece of equipment, we've developed our compact ***X1400*** and ***X1500*** models. With these models, we've loaded lots of comfortable, quality features into a small 57"L x 26"W footprint, including a long 18-inch stride length.

When incorporating space-saving features into our elliptical trainers, we made sure to address ergonomics. All of our home ellipticals have small three-inch Q-Factors (the distance between your feet), which promotes a natural stance and helps reduce joint fatigue during longer exercise sessions. The position of our dual-action arms reduces the throw of most grip positions to prevent the forward lean that some smaller users may experience. This also keeps the wrists in a more neutral position throughout the entire range of motion.

The **X1500** Elliptical Trainer has a compact 57" x 26" footprint.

X6200HRT
elliptical
trainer

elliptical trainer console features

most Vision Fitness® consoles have the following key features:

Vision Fitness's line of elliptical trainers boasts a modern console design. The example shown here is of the **X6200HRT.**

Large 8x16 Dot Matrix Profile Display graphically illustrates your workout and where you are in your workout.

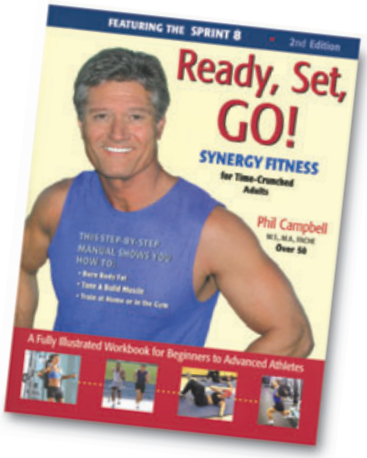
Integrated Reading Rack conveniently holds magazines for you to read as you exercise.

HRT® Feedback Display shows actual Heart Rate, Percent of your Maximum Heart Rate, and your Target Heart Rate.

Innovative Programs, such as SPRINT 8, and the four Heart Rate Training (HRT®) programs keep you motivated and progressing toward your goals. Each program has its own button for easy setup and for easy program changes "on the fly."

Up & Down Arrow Keys allow you to easily adjust the intensity level of your workout at any time.

LED Feedback Display shows eight types of feedback information.

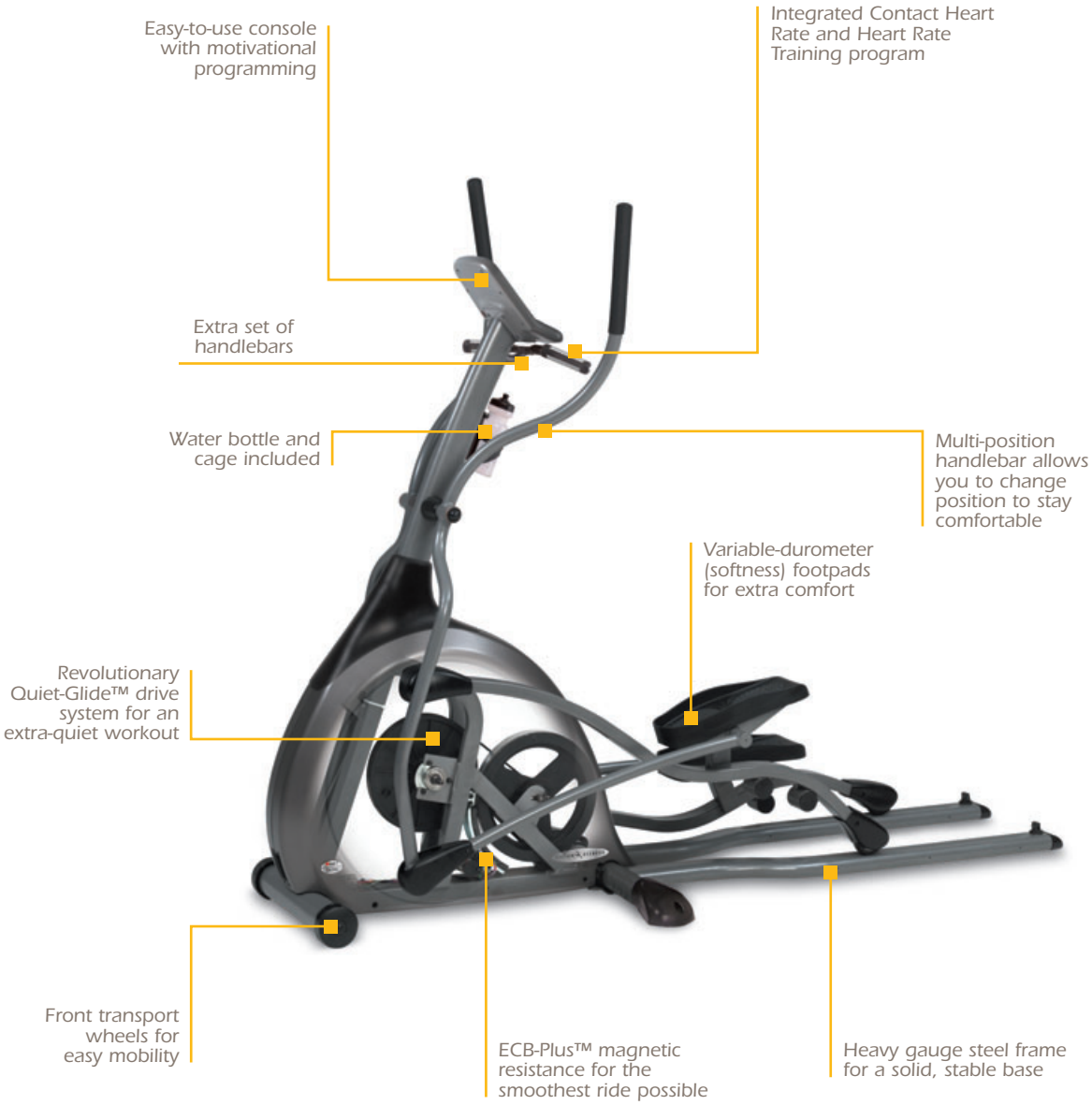


The Perfect Fitness Solution ...

The SPRINT 8® program found on Vision Fitness® elliptical trainers was developed with Phil Campbell, MS, MA, and author of ***Ready, Set, Go! Synergy Fitness.*** Mr. Campbell is an expert in the field of anaerobic exercise, which has been cited by numerous medical publications as the cure for somatopause or the "middle-age spread." The "middle-age spread" is the energy decline, weight-gain, loss of muscle, and wrinkled skin we experience after age 30.

Vision Fitness is the first fitness company to integrate anaerobic exercise programming (SPRINT 8) into our equipment that specifically promotes the natural release of human growth hormone. This hormone—the most powerful body-fat-cutting, muscle-toning, anti-aging substance known in science—is produced by the body during the SPRINT 8® workout.

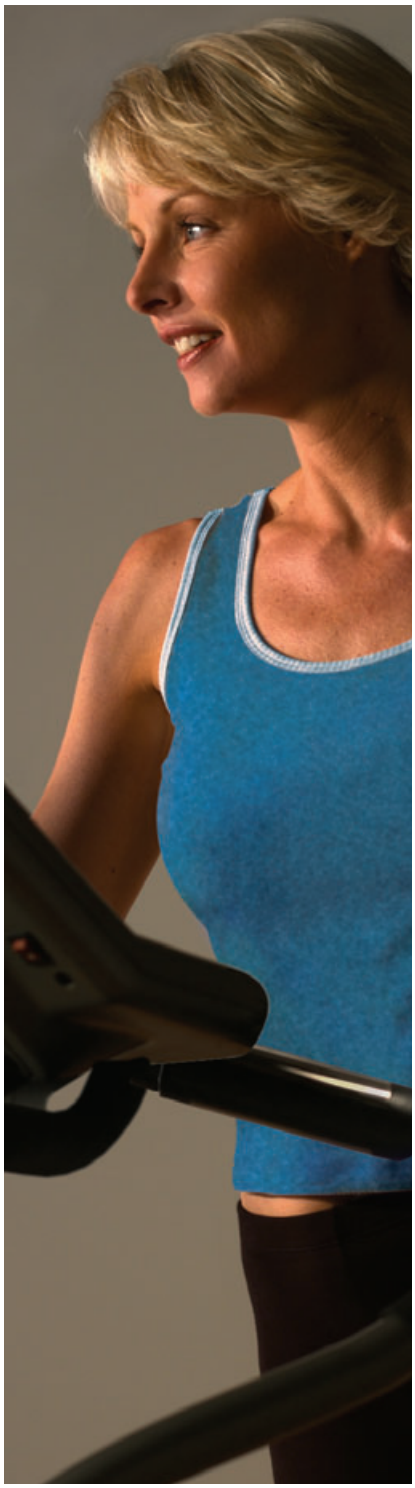
the heart of a great workout …


Easy-to-use console with motivational programming
Integrated Contact Heart Rate and Heart Rate Training program
Extra set of handlebars
Water bottle and cage included
Multi-position handlebar allows you to change position to stay comfortable
Variable-durometer (softness) footpads for extra comfort
Revolutionary Quiet-Glide™ drive system for an extra-quiet workout
Front transport wheels for easy mobility
ECB-Plus™ magnetic resistance for the smoothest ride possible
Heavy gauge steel frame for a solid, stable base

Vision Fitness® elliptical trainers offer a long list of features that make your workout experience smooth, quiet, and comfortable.

Here are some key features you'll find on most of our models:

feature	benefit
contact heart rate grips	These grips allow you to quickly monitor your heart rate during your workout.
motivational programming	We offer a variety of easy-to-use programs to keep you engaged.
variable-durometer footpads	You get just the right amount of cushioning and traction for a safe and comfortable workout.
patented folding feature	You can fold our **100** and **200** Series models to a compact 42″ x 27″ footprint.
extra-wide Poly-V belts	You get a smooth and quiet ride, and your elliptical trainer enjoys a longer life.
heavyweight flywheels	These flywheels provide smooth and consistent resistance for a more comfortable workout experience.
magnetic resistance system	Our ECB-Plus™ system creates smooth, accurate resistance changes. No jerking or uneven motion!
heavy gauge steel frames	Heavier frames provide more stability during your workout.
ISO certification	The highest quality standards were achieved in developing our elliptical trainers.



feature	X6700HRT commercial	X6200HRT folding	X6200 folding	X6100 folding	X1500 compact	X1400 compact
console and programs	EASY-8™ LED CONTINUAL FEEDBACK Manual, Interval, Fat Burn, Watts, SPRINT 8, HRT Cardio, HRT Weight Loss, HRT Interval, HRT Hill, 5 Custom Programs Integrated Reading Rack	QUICK-SET™ LED Manual, Intervals, Fat Burner, Watts, SPRINT 8, HRT Cardio, HRT Weight Loss, HRT Intervals, HRT Hills, 4 Custom Programs Integrated Reading Rack	QUICK-SET™ LED Manual, Intervals, Fat Burner, Watts, SPRINT 8, Random, Mountain, Rolling, Race Integrated Reading Rack	BLUE BACKLIT STN LCD Manual, Interval, Fat Burn, Mountain, Watts, SPRINT 8 Integrated Reading Rack	BLUE HTN BACKLIT LCD 9 Program Profiles Integrated Reading Rack	HTN LCD 5 Program Profiles Integrated Reading Rack
console feedback	Speed, Distance, Calories, RPM, Level, Watts, Time, METS, Heart Rate, % Heart Rate, Target Heart Rate, Profile Display	Speed, Distance, Calories, RPM, Level, Watts, Time, METS, Heart Rate, % Heart Rate, Target Heart Rate, Profile Display	Speed, Distance, Calories, RPM, Level, Watts, Time, METS, Heart Rate, % Heart Rate, Profile Display	Speed, Distance, Calories, RPM, Level, Watts, Time, Program, Heart Rate, Profile Display	Level, RPM, Time, Distance, Heart Rate, Calories, Watts, Program, Profile Display	Level, RPM, Time, Distance, Heart Rate, Calories, Profile Display
heart rate	Contact & Telemetric	Contact & Telemetric	Contact	Contact	Contact	Contact
program levels	20	16	16	16	16	8
resistance system	Cambridge Motor Works™ Generator	ECB-PLUS™ Motor-Operated Permanent Magnet	ECB-PLUS™ Motor-Operated Permanent Magnet	ECB-PLUS™ Motor-Operated Permanent Magnet	ECB Motor-Operated Permanent Magnet	ECB Motor-Operated Permanent Magnet
drive train	QUIET-GLIDE™ Supersilent Poly-V Belt	QUIET-GLIDE™ Supersilent Poly-V Belt	QUIET-GLIDE™ Supersilent Poly-V Belt	QUIET-GLIDE™ Supersilent Poly-V Belt	QUIET-GLIDE™ Supersilent Poly-V Belt	QUIET-GLIDE™ Supersilent Poly-V Belt
flywheel	Integrated w/ Generator	24 lbs. Balanced	24 lbs. Balanced	24 lbs. Balanced	21 lbs. Balanced	21 lbs. Balanced
frame	Extra-Heavy Gauge Steel Welded	Heavy Gauge Steel Welded	Heavy Gauge Steel Welded	Heavy Gauge Steel Welded	Heavy Gauge Steel Welded	Heavy Gauge Steel Welded
pedals	Large Cushioned	Variable-Durometer Footpads	Standard Footpads	Standard Footpads	Standard Footpads	Standard Footpads
stride length	18 3/8"	19 3/4"	19 3/4"	19 3/4"	18"	18"
power	Self-Generating	Plug-In	Plug-In	Plug-In	Plug-In	Plug-In
home warranty*	Lifetime Frame Lifetime Generator System 10 Years Electronics/Parts 2 Years Labor	Lifetime Frame Lifetime Magnetic Brake 3 Years Electronics/Parts 1 Year Labor	Lifetime Frame Lifetime Magnetic Brake 3 Years Electronics/Parts 1 Year Labor	Lifetime Frame Lifetime Magnetic Brake 3 Years Electronics/Parts 1 Year Labor	Lifetime Frame Lifetime Magnetic Brake 2 Years Electronics/Parts 1 Year Labor	Lifetime Frame Lifetime Magnetic Brake 2 Years Electronics/Parts 1 Year Labor
commercial warranty* limited corporate♠	Lifetime Frame 5 Years Generator System 5 Years Electronics/Parts 2 Years Labor	♠Up to 3 Hours Use per Day 1 Year Frame 1 Year Magnetic Brake 1 Year Electronics/Parts 1 Year Labor	♠Up to 3 Hours Use per Day 1 Year Frame 1 Year Magnetic Brake 1 Year Electronics/Parts 1 Year Labor	None	None	None
dimensions	78"L x 30"W x 74"H	79"L x 27"W x 69"H	79"L x 27"W x 69"H	79"L x 27"W x 69"H	57"L x 26"W x 67"H	57"L x 26"W x 67"H
folded dimensions	NA	42"L x 27"W x 69"H	42"L x 27"W x 69"H	42"L x 27"W x 69"H	NA	NA
product weight	312 lbs.	199 lbs.	199 lbs.	199 lbs.	172 lbs.	172 lbs.
max. user weight	400 lbs.	300 lbs.	300 lbs.	300 lbs.	300 lbs.	300 lbs.
upgrades from previous model	UPGRADES FROM **X6200HRT** Console Feedback, Warranty, Generator System, Accessory Tray, CSAFE, Max. User Weight	UPGRADES FROM **X6200** Heart Rate Training Programs, Custom Programs, Variable-Durometer Footpads, Telemetric Heart Rate	UPGRADES FROM **X6100** Programming, Console Feedback, Corporate Warranty	UPGRADES FROM **X1500** Folding Pedal Arms, Stride Length, STN LCD Display, ECB-Plus™ Magnetic Resistance, Warranty	UPGRADES FROM **X1400** Blue Backlit LCD Console, Programming, Console Feedback	UPGRADES FROM SPORTING GOODS MODEL Proven Ergonomics, BIO-RADIUS™ Pedal Arms, Heavy Gauge Construction, Warranty

* Refer to **www.visionfitness.com** for complete Warranty details.
All product specifications are subject to change.

compact

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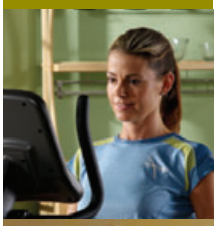

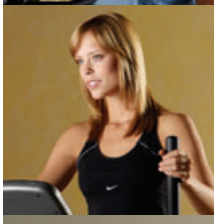

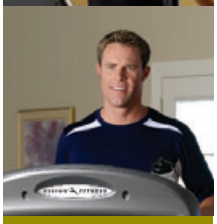

VISION FITNESS®

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